

Carina Klingsell  
and Branko Valchev in

# A Change of Mine



## Meet the artists

### Carina Klingsell



Carina is the circus artist and choreographer in the act A Change of Mine.

Carina grew up in Sweden practicing circus alongside dance and rhythmic gymnastics. When she discovered the Chinese Pole, a discipline that gave her both a thrill and a sense of control at the start, it was important to use her femininity as an advantage. Apart from Circus she likes to read, craft and tries to keep herself busy. She likes to organize events and is dreaming of having her own company and circus festival in the future. Carina wants to challenge the gender roles on stage and wishes to work with this both practically and theoretically to find equality. But she would rather talk about you.

### Branko Valchev



Branko is the percussionist and performer in the act A Change of Mine.

Branko is in his first year of the classical department at Codarts.

## A Change of Mine

Working on themes of changes and switches, Carina is exploring what it means to be in harmony and what it means not to be, with herself and with her musician. The act “A change of mine” is a duet about a girl, changing between different moods and characteristics while allowing herself to be influenced by what happens around her. She and her drummer are searching for the balance between them both musically and in human relationships. They are playing with the dissonance and harmony between them as one mover and one musician, one girl and one boy. Our work is both a theatrical story of building a relationship and a gender stereotype critical act where I question the roles of females and males in our community.

The story of a relationship doesn't have to start at the same point to finish together. Sometimes one person just needs more time than the other.

*(The act can be altered to be played as a solo chinese pole act. )*

## Contact

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# **A Change of Mine**

by

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## **TECHNICAL RIDER**

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### **STAGE DIMENSIONS**

Floor area. Should be hard, flat, even and clean.

Performance floor space (optimal):

Width: 10 meters

Depth: 8 meters

Ceiling height: 7 meters. Please note that the height is free height over the entire stage, with nothing hanging down.

Floor surface should be black dance floor.

This is the optimal space but the performance can be adjusted so that it fits a space with smaller width: 6 meters, depth: 6 meters. The space can also be bigger than 10meter x8meter. All this needs to be discussed and agreed between the organizer and Carina

Can be performed both inside and outside. If being played outside Carina can stop the performance if it is raining, there is too strong wind or any other unexpected weather conditions appear that can affect the performers safety.

### **RIGGING**

There needs to be four floor (or lower wall) anchor points with the working load of 500 kilograms. The points need to be in each corner of the stage maximum 8 meters away from Chinese pole placed on left stage side.

Be aware that most venues require a professional rigger available. If this is the case the organizer needs to arrange and pay for this.

Carina needs a rigger or stage hand before the performance to assist her in the rigging of her material provided by the organizer

Carina has the final say concerning the rigging of her material.

The anchor points can be three, instead of four, if agreed before with Carina. There is alternatives to screwed in anchor points that can be suitable for the performance if it is not possible to arrange. Any questions about rigging can be discussed with Carina.

**SOUND** - To be provided and rigged by the organizer. The venue provides a sound technician.

This needs to be at the location:

Amplification system for drums

Sound system suitable for the space and the size of the audience

We bring a drum set.

The act can be adjusted to be performed without live music in that case:

- PA system with a plug-in for MP3-player/iPhone) suitable for the space and the size of the audience.

One sound technician to perform a small amount of musical cues arranged by the organiser.

A sound check needs to happen before the performance. The latest one and a half hour before performance time.

**LIGHT** - To be provided and rigged by the organizer

- Light and colours will be used from the theatre according to the light plan.
- A light technician to perform a small amount of lighting cues needs to be arranged by the organiser.

A light check needs to happen at some point before the show the latest 1 and a half hour before performance time.

## **ARRIVAL**

Upon arrival one host needs to meet the performer that is well informed of the schedule and area that can show Carina around to the stage and dressing room etc.

## **BEFORE AND AFTER**

Before the performance the equipment from the performer needs to be helped to be brought on stage.

Carina needs a minimum of setup time before her act of 5 minutes. She as well needs to have had her Chinese pole rigged prior to the performance for 10 minutes to be able to warm up. If this is connected to the light and sound check this is to be added after that the technical cues are checked.

After the performance everything needs to be brought off stage.

## **TIME SCHEDULE (estimated times needed for preparation of act)**

Arrival time + Show around	30 minutes
Sound and light check	40 minutes
Chinese pole rigged on stage for warm up	10 minutes
Break and getting ready	1 hour
Rigging for performance	5 min
Act	10 min
Breaking down time	5 min
Packing away	15 min

(The schedule can be changed in order to fit in the schedule of the organizer. Keep in mind that all parts still needs to be in.)

## **DRESSING ROOM**

1 dressing room clean and heated lockable or guarded, with a chair, a mirror and a bathroom for two people.

A space that is big enough to warm up. Minimum 5m x5m

Fruits and nuts, still water, fruit juice etc. is welcomed to be available before and after the show.

If the act is performed later than 21:30 and if the performance location is further than a two hour drive from Rotterdam or if the performance location is in another country than the Netherlands accommodation is to be provided for two people.

Food is to be provided if the act is being played more than once.

# Credits

## **Performers**

Branko Valchev and Carina Klingsell

## **Concept**

Carina Klingsell

## **Sound**

Branko Valchev

## **Artistic coaching**

Isabelle Chaffaud

## **Photo**

Tessa Veldhorst

Florian Ziemen